

# *Discover Your Psychic Integrity*

*The Secrets to Psychic Medium Development*

Hay House Live Online Event

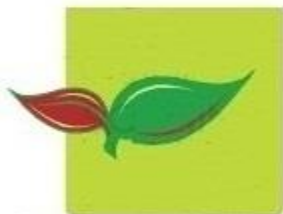
June 13, 2013



With over 30 years' experience in spirit communication – both traditional and unconventional training, Melissa provides you with simple and natural techniques in psychic medium development with foundations of integrity.

**Melissa Leath, Life Visionary™**

...where possibilities are nurtured.



# Melissa Leath

...where possibilities are nurtured.

## About Melissa

Melissa Leath is the owner of **Off the Beaten Path Intuitive Arts**, facilitator of the **Professional Psychic Medium Certification Program™**, and works with psychic/mediumistic kids and young adults in private mentoring programs.

She holds a bachelor's degree in Metaphysical Counseling, was certified as a spiritual medium in 1983, and ordained as a spiritualist minister in 1997. She is a Life Visionary™, a Master Reiki practitioner and teacher, and is the author of a number of books including, "*Psychic Integrity, The Respected Practice of Modern Day Mystics*".

Melissa is dedicated to sharing the knowledge of psychic empowerment. Her mission is to guide as many people as possible through her books, sessions, and programs. She has been working with clients and students for over three decades, assisting them in learning spiritual concepts and recognizing the higher purpose for their lives. She teaches both online and in person, has taught meditation and metaphysical courses at Clark State Community College in Springfield, Ohio, and is one of only a handful of mediums offering classes for psychically gifted children. She writes for *DreamWeaver Magazine*, and is a regular featured radio guest. You can find out more about Melissa and her work at [MelissaLeath.com](http://MelissaLeath.com)



## To Contact Melissa:

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# Discover Your Psychic Integrity: The Secrets to Psychic Medium Development



Do you want to be psychic? Melissa believes everyone has an inner ability to commune with the Higher Self and Universal Wisdom. We each have our own way of doing that. Find out what being psychic is about, to determine what kind of ability you have and how to use it. You will also learn:

- How to use your natural abilities to decide what is right for you
- Look at the different kinds of abilities that fall under the term "psychic"
- Learn to calm your thoughts to focus your abilities
- Become a psychic detective to track your progress
- Journal your experiences for future reference
- Techniques to expand your abilities

## LIGHT OF LOVE VISUALIZATION

Sit comfortably. Adjust to your seat until you can relax. Take a deep breath and exhale. Slowly connect with your breathing pattern. Now imagine what a small candle flame would look like. Use your imagination. See a small flame of light in front of you.

As soon as you see the flame, place it into your heart center, right in the middle of your chest. Just imagine the flame glowing inside your heart.

Now, as you take a breath, let the flame expand and grow. Each breath allows the flame to become bigger. Soon, the flame is so large you can feel the warmth coming from within yourself.

The flame keeps growing and glowing. It shines from your being, like it is coming out of your skin. It spreads around you and comforts you in the light of love.

The light that comes from within your heart space begins to expand to other people around you and reaches out and up to the higher realms. It is the way of recognizing everyone and everything. It is the way of reaching your spiritual guides, angels and teachers.

When you feel ready, bring back your awareness of the third dimension, your physical body and the chair you are in. Be present in the world and know you can reach out to the higher realms anytime you would like to.



For as we have given, there are almost as many types of psychic phenomena or psychic experience as there are individuals. For PSYCHIC is of the soul, if in its true constructive sense. And as the soul is an individual, intricate portion of the whole, then the experience of each soul in its reaction with, upon or from experiences in that field of activity, presents a study within itself.

- Edgar Cayce (1135-6)



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Want to know if you are really psychic? Try these exercises with Melissa and find out just how easily this ability can manifest. You'll discover ways to see clairvoyantly, "pick up" impressions and understand what symbols your guides are sending you...all with integrity!

### Sample Investigation

Investigate your psychic and mediumistic abilities by taking this short aptitude test. It will help you understand the simplicity of these gifts.

1. Imagination
2. Pretend
3. Visualize

### Symbols: The Language of Spirit

I call this the language of spirit because it is the easiest and fastest way for your guiding forces to connect with you and give you information you will recognize: through experiences. *The Mind-Brain Connection*-- Your brain and your mind are two completely different things. The brain is a physical part of the body. The mind is apart from and beyond the body. The mind taps into the brain for power and connects the physical to the spirit. Our consciousness is divided into two parts:

- The waking conscious mind. This deals with the "here and now", and makes decisions. This is the rational part of you which uses logical thinking.
- The subconscious mind. The subconscious has two parts:
  - (a) The personal aspect of the subconscious; and
  - (b) The far deeper and more extensive level, which we share with all sentient life.

Psychic development consists of building up certain links between the two parts of mind: the normal waking consciousness and the subconscious. The result of inner clairvoyant perception moves through this link into the waking conscious where it can be accessed.

Another function of the subconscious is to store away any information you get through your conscious mind. This information can be brought back again for future use. The stronger the connection is made with the information, the easier it is for your subconscious to bring it back to the conscious mind. Every word you have ever read, every pothole you have run over, every boring detail of your life, as well as the exciting ones, is stored there. The items you access create a well-established path to the conscious mind, easily bringing back the memory to the conscious mind.



## Your Personal Symbols



In order to control your flourishing intuition, and to start receiving messages from your guides when you ask, practice this exercise regularly with a friend or in your weekly unfoldment circle: Get situated in your seat and ease into a quiet space. Spend a few minutes concentrating on your breathing. Have your friend (or the person in charge of the circle) read these instructions to you: "I will be giving you a word. When I say this word, ask your subconscious to bring up a memory that corresponds to the word."

An example of this would be as follows: the word is *feather*. You may have this instant impression of a ticklish situation. Another may think of proud as a peacock, in association with the feather. Ask for a memory to bring to mind the meaning of the word. Then ask your spirit guides or higher self to always use these words as symbols to represent that memory.

Below you will find a list of symbols to start with. I've added a space after each word for you to write the meaning that you connect with. Practice and experiment in your development group with the use of these words. It builds confidence. Sharing your information with each other helps to solidify it in your mind. Here are the words:

Boxes \_\_\_\_\_

Book \_\_\_\_\_

Doorway \_\_\_\_\_

Trash \_\_\_\_\_

Crossroads \_\_\_\_\_

Dove \_\_\_\_\_

Tree \_\_\_\_\_

Go slowly as you become familiar with the list of words. Take your time to integrate them into your understanding. Just as a young child can only learn a few words at a time, your subconscious/guide connection takes a while to solidify the personal meaning and significance of each symbol. The exercise of associating personal symbols and meanings *builds a bridge* between your conscious and subconscious, between your brain and your mind. You have informed your subconscious mind what you expect of it. As a result, you are more in control of your power to receive. The use of your personal symbols will be a great foundation for your growth and development. Your guides will be able to connect with you through this foundation and you will build a great relationship. The use of symbols is just a starting point. More will come as you become confident in what you are receiving.





# *Psychic* INTEGRITY,

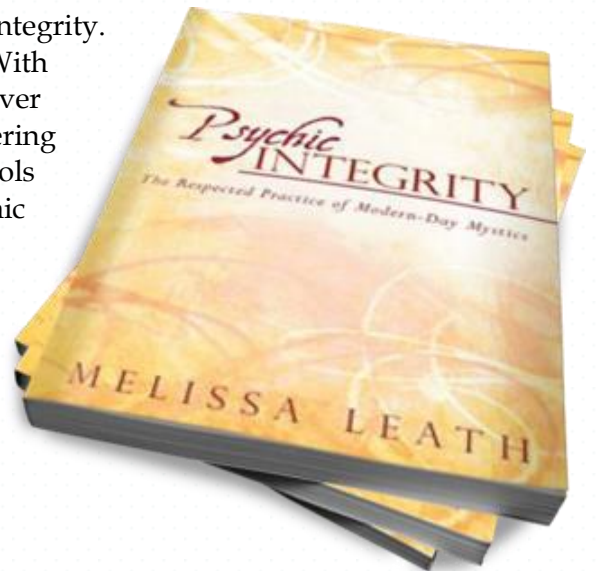
## *The Respected Practice of Modern Day Mystics*

As a fresh and incisive book, *Psychic Integrity* probes the esoteric world of communicating with spirit beings and psychic phenomena. Mystifying concepts are explained in straightforward ways so the general public, as well as clients and novice psychics, can understand and become familiar with them. A major portion of the book takes you through the development process of becoming a reliable and honest psychic or medium. This book, as a guide for high standards of integrity, brings back the respect of psychics and mediums.

*As a teenager I had no idea that my life career would involve dealing with ghosts and spirits. In hindsight, I realize I had always received spirit communication, but not until I went to an old-fashioned spiritualist church did I learn how to acknowledge and relate the information given to me. After years of trial and error, taking classes, and sitting for development, I was ready to serve the public with medium and psychic skills. Having ministered to thousands of clients and lecture attendees, I see the importance of teaching the public – as well as the novice and seasoned psychic/medium – the skills and integrity of this profession.*

*Being a spirit medium and psychic, I've had exciting conversations with many people (both alive and dead!). One thing remains the same: everyone is interested in spirit communication and life after death.*

*Psychic Integrity* reveals information on recognizing psychics of integrity. This book instills concepts to ground your skills with integrity. With practical experience in the spirit communication field gathered over thirty years, Leath provides seldom-shared information empowering those desiring positive psychic experiences and strengthening tools for psychic practitioners. This book restores respect for the psychic profession and the robust, full heritage of divination. *Psychic Integrity* discloses a declaration of integrity with standards for psychics to strive for, giving reputable readers and their clients a better understanding of what it takes to work with vibration and spirit energies.

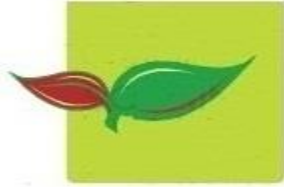


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***Purchase your copy at [www.melissaleath.com](http://www.melissaleath.com)***  
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*“In the field of Psychics, Intuitives, Channelers, and Mediums, Melissa Leath proves she has deep Psychic Integrity and has produced a well-documented book that educates the public. Buyer Beware is now... Buyer Be Aware. Read this book today if you are a seeker of truth on all dimensions!”*  
--Liz Sterling of Sterling Communication Services, radio talk show host

*INTEGRITY: A sense of uncorrupted virtue; truthfulness, honesty.*





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*...where possibilities are nurtured.*

## **Lectures, Workshops, and, Keynote Presentations**

Melissa is a recognized expert in spirituality, basic meditation, and psychic medium development. She has become a preferred presenter in venues across the country for her ability to share information in a personal way with an audience or group. She delivers engaging presentations, providing her audience with an understanding of psychic abilities and paranormal experiences with children/families. For more information on her presentations and workshops go to: [www.MelissaLeath.com](http://www.MelissaLeath.com)

## **Certification Program**

The Professional Psychic Medium Certification Program launched in 2011. It is a one year program, including four separate workshops including: integrity foundations, psychic awareness, mediumship refinement, and professional principles to success. It includes self-study, research, reports, and volunteer outreach in the metaphysical world. For more information please go to: [www.ProfessionalPsychicCertification.com](http://www.ProfessionalPsychicCertification.com)

## **Private Mentoring**

Families with psychic children or paranormal experiences contact Melissa to set up a series of mentoring sessions. This could entail assisting an empathic child in understanding what is happening and how to be in control of the situation, or a family that does not understand their child's psychic abilities. [www.MelissaLeath.com](http://www.MelissaLeath.com)



## **Life Consultations**

Melissa has worked with clients for over 30 years assisting them in learning spiritual concepts and recognizing higher purpose for their lives. These sessions are usually by phone and can cover anything going on in your life: career challenges, relationships, past experiences, future opportunities. Check her webpage for much more concerning these sessions: [www.MelissaLeath.com/consultations.html](http://www.MelissaLeath.com/consultations.html)

**Stay connected with Melissa via social media for empowering stories, affirmations and psy-energy tips:**

**Facebook**, Psychic Integrity Page: [www.facebook.com/psychic.integrity](http://www.facebook.com/psychic.integrity)

**LinkedIn**, Professional connections: [www.linkedin.com/pub/charles-and-melissa-leath/9/98/ab](http://www.linkedin.com/pub/charles-and-melissa-leath/9/98/ab)

**YouTube**, Lecture videos and audios: [www.youtube.com/channel/UC8G12jBmBGwDia929r90AqA](http://www.youtube.com/channel/UC8G12jBmBGwDia929r90AqA)

**TheGoBetween Blog**: [www.thegobetween.wordpress.com](http://www.thegobetween.wordpress.com)

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